IONDON ET I WE

\$10,000,000 estimated

LOTTO 49



E-cigarettes: The best way to butt out?

Not according to the Middlesex-London Health Unit, which sparked the debate with a warning about dangers of e-cigarettes

'Black widow' bombers at large, Olympic officials say

Russian security officials are hunting down 3 potential suicide bombers

Riding the Lightning losing streak

London's leading scorer Garrett Williamson kept to single-digits in each of the team's last three-road games PLUS A
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NEWS WORTH SHARING



Face of the Memorial Cup

London Knights.

Veteran tapped to lead in high-profile season



It took longer than expected, but London Knights named fourth-year centre Chris Tierney as their captain Tuesday before practice.

"I was just very honoured to be captain. It's a big deal, especially on a team like this when there are so many guys that could have been picked," Tierney said.

Tierney, 19, comes with great credentials. He stands eighth in the Ontario Hockey League scoring, with 26 goals and 37 assists for 63 points in 45 games this season.

A native of Keswick, Ont., he was drafted by the San Jose Sharks in the second round, 55th over-all, in the 2012 NHL Entry Draft.

He already has two OHL

championships under his belt and was named the most improved Knight in each of the past two seasons. He has already played 269 regularseason and playoff games with the Knights.

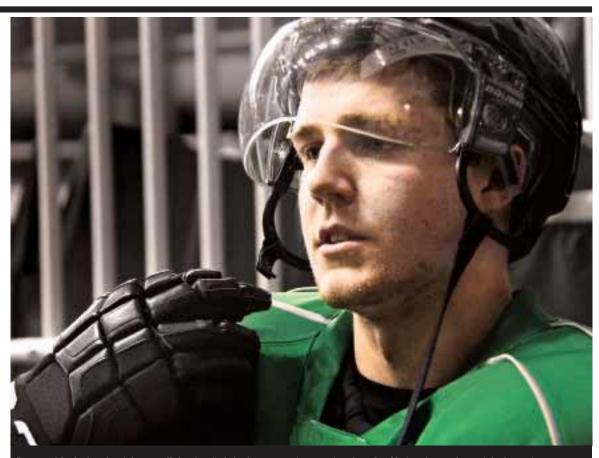
Playing on a line with Max Domi and Ryan Rupert, Tierney lit it up recently for the Knights when five of his teammates were off at the world juniors.

Although it was a player vote, Knights' head coach Dale Hunter was thrilled with the choice.

"He's been a team leader here for years. He cares about his own game and the whole game and all the players," Hunter said. "We need a leader, and he's our captain."

Selected as alternate captains were forwards Bo Horvat, Josh Anderson and Ryan Rupert along with defenceman Brady Austin.

As captain, Tierney succeeds defenceman Scott Harrington, now playing in the AHL for the Pittsburgh Penguins farm club.



"Starts with playing the right way all the time," Chris Tierney says in accepting the role of being the London Knights' captain.

ANGELA MULLINS/METRO





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Skills-training money to help young Londoners

Federal funding.

London organization receives \$225,000 to help young unemployed



DONACHIE mike.donachie@metro

Things just became a lot brighter for more than three dozen young people in London.

It's all about giving them hope, said Steve Cordes, executive director of Youth Opportunities Unlimited (YOU).

Cordes and everybody else at YOU, which supports young people with training and other services, were celebrating the announcement of a major funding award on Tuesday.

The agency is receiving \$225,000 from the federal government's Skills Link program.

It helps young people who are trying to find employment, and that's exactly what YOU is all about.

"The federal government is funding us to allow us to invest in 40 young people with short-term training opportunities that will lead directly to employment for those folks," Cordes explained.

Over the next year, those 40 young people will be selected and each given up to \$5,000 worth of training with colleges or other trainers, lasting up to 12 weeks.

It could vary from a course in forklift driving to com-



puter classes for office work, Cordes explained.

It's a "catch 22," he said, because it's hard to get a job without experience or training.

Taking a course that's relevant to their ambitions is also a confidence boost, especially for interviews, Cordes added.

And because YOU runs a variety of other services, helping with housing, counselling and more, young people can be hooked up with more than just skills Gettina suppor

Seeyou in Hollywood

One of the people to be helped by the new funding is 18-year-old Londoner Zahrah Jiwani.

training

"Young people can drop out of the job market because they don't see opportunities Already, YOU staff have supported her in her job search, especially with putting together a better resumé.

But her hope is to find a job in cosmetics, so she's going to be funded in a 12-week makeup artistry course.

there," Cordes said. "Part of what we're always doing is inspiring young people with hope, with confidence, help"Eventually, I want to start my own business with makeup so this program will help me do that," said Jiwani. "I want to be doing makeup for people involved in the media."

MIKE DONACHIE/METRO

ing to break down barriers in the sense of them pushing themselves to finding a job and taking opportunities."



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metronews.ca Wednesday, January 22, 2014 metr⊕ **NEWS**

Police dog gets his day.

Wilco nabs first suspects just days after graduating

The newest member of the London police service's canine unit didn't need much time to get adjusted.

Wilco officially graduated from training and received

his badge on Thursday. He nabbed his first suspected bad guys early Monday, three shifts into his work with the force.



were trying to remove wheel rims from a semi-trailer.

The vehicle that sped away from the scene was found abandoned a short distance

away, police said. Wilco led police to the man believed to have been inside as he hid under a truck in the area.

Hot on the trail

of the second suspect, Wilco ran through a yard, jumped a fence and found his target about 15 minutes later.

A 55-year-old London man and a 46-year-old Sarnia man were arrested and have each been charged with five criminal offences. metro



Kellogg's credit union to merge with Libro

Assets transfer. Millions of dollars to move. four jobs to be saved



MIKE DONACHIE

A successful rescue mission amid the sad demise of London's Kellogg's factory was announced Tuesday.

The credit union owned by Kellogg's workers, former workers and family members will become part of Libro It's a partnership that will see \$19 million in assets and 839 members of the Kellogg Employees Credit Union (KECU) transfer to Londonbased Libro. And, as the 550 workers at Kellogg's in east London prepare for the plant's closure this year, the credit union deal will save the jobs of the four people working for KECU.

"The Kellogg Employees Credit Union was solely for the benefit of current or retired employees, or families of Kellogg employees, solely providing financial products and advice to them," said Li-

- Members of the Kellogg **Employees Credit Union** are to be sent more information about the changes.
- They can ask questions and vote at meetings to be held on March 18.

bro president and CEO Steve Bolton.

Under the new arrangement, "they would be shareholders of Libro Credit Union.

"Deposits and loans and services that they had prior would move over to Libro Credit Union."

The agreement is expected to close March 31, after due diligence, regulatory requirements and approval by members of the Kellogg's credit union.

Three of the four existing staff at KECU are expected to have similar roles after the transition. Discussions are ongoing with Kellogg's credit union CEO Shelley Mitchell, who may also have a job but maybe in a different form.

Miss Manners time travels.

Etiquette school to teach kids in historic setting

London's etiquette expert is continuing to teach young people some manners, but this time she's heading back in time.

The city's own Miss Manners, Wendy Mencel, has been leading the Right Start Program as part of her Canadian School of Protocol and Etiquette. It teaches old school good manners to kids aged nine to 12, including how to shake hands properly, keeping eye contact, table manners, telephone etiquette and how to behave online.

But the program's next classes, on Feb. 1 and 8, will be in London's oldest building, Eldon House.

Mencel will take students on a historical tour, talking about behaviour in the past and teaching a few modern lessons along the way.

"We are thrilled to be holding these workshops at Eldon House because we talk a lot about how etiquette changes over time," said Mencel.

She added: "This introductory course sets the groundwork for future success in school and in the social arena.

"This is an interactive course that involves role playing and games in the development of good behaviours." MIKE DONACHIE/METRO

Museum London

Bank brings Inuit art to London

Museum London is promising Inuit art that may surprise a few people as it prepares a new exhibition.

Înuit Ullumi: Inuit Today, which opens Saturday, comes to London from the other London in England, and is presented by TD Bank Group.

For almost 50 years, the bank has been collecting

two threads of art history. In the mid-1960s, it began to collect contemporary Canadian art and, a short time later, initiated a collection of Inuit art as well.

Inuit Ullumi: Inuit Today highlights how the two collections have started to coalesce, creating a dialogue about place, identity, diversity, and history.

The exhibit runs until April. An opening reception is planned for 8 p.m. Friday. metro

Students chosen for advisory roles: City hall trying to involve Fanshawe, Western representatives

City hall's plans to bring in students as advisors reached the point of naming appointees Tuesday.

Six students will be appointed to city advisory committees next week, if the full council agrees. It's part of efforts to engage better with its student popula-

Tuesday's corporate services committee meeting saw approval for six additions to the committees as nonvoting members.

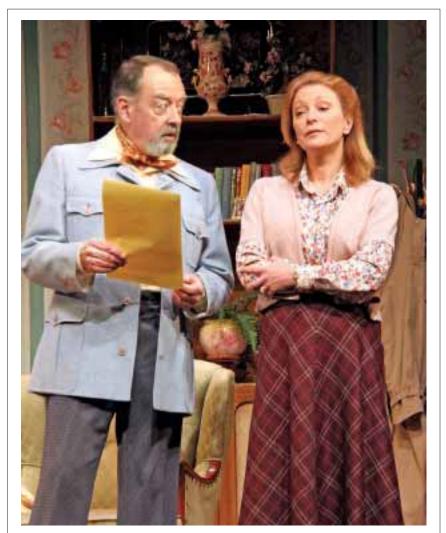
They are:

Accessibility advisory

committee: Sabrina Dent, Fanshawe

- Advisory committee on the environment: Keir Jack, Fanshawe
- Creative city committee: Allayna Eizenga, Fanshawe
- Housing advisory committee: Alan Bushell, Fansh-

- · Community safety and crime prevention advisory committee: Richard Sookraj, Western
- Transportation visory committee: Amir Aftekarpour, Western. MIKE DONACHIE/METRO



Ain't love Grand

Rod Beattie, left, and Brigit Wilson portray Narcisse Mondoux and Laurencienne Robichaud, respectively, in a scene from The Grand Theatre's The Passion of Narcisse Mondoux. The show tells the story of a widower who has a chance to connect with the love of his life. Director Doug Beattie describes it as "fun, touching and poignant." Preview performances started Tuesday, and opening night is Friday. Check grandtheatre.com for details.

Paramedicine programs get \$6M funding boost

Paramedics may soon be able to offer more support for those needing it directly in their homes.

Health Minister Deb Matthews has announced \$6 million in provincial funding towards growing community paramedicine programs across the province.

The program expands the role of paramedics to provide additional home care and support services for seniors and people with chronic illnesses. The initiative is intended to reduce unnecessary emergency-room visits and 911 calls.

Individual EMS services must apply for the money, the health ministry said. It's In the province

13

Number of community paramedicine programs operating in Ontario.

unknown when applications will be accepted or exactly what criteria will be considered.

Middlesex-London EMS chief Neal Roberts said his agency is interested in learning more about the details before deciding if they'll try to get involved.

If any funding comes locally, it wouldn't mean a program could start immedi-

ately, he noted.

"It's not really meant for paying for staff on an ongoing basis, but more for maybe paying for staff to do some research, or set up programs, or investigate how a program may be applicable in a community," he said.

For London, Roberts said the sheer number of emergency calls received means there aren't many extra resources to be reassigned.

Community paramedicine programs already operate in several parts of the province, and another 10 municipalities plan to implement initiatives this year, according to the Ministry of Health.

DAVID INGRAM/FOR METRO

Billy T's pair show their teeth

'Reasonable.'

That's the city solicitor's view on a \$97,000 invoice from council members' lawyers



MIKE DONACHIE mike.donachie@metronews

Coun. Bud Polhill summed up his views with three words: "That's a crock."

Councillors came out fighting Tuesday in the latest round of their bout with the Ontario ombudsman.

Since city hall revealed that taxpayers shelled out \$97,000 for lawyers to defend Mayor Joe Fontana and the six councillors involved in the Billy T's scandal, public criticism has come thick and fast.

The corporate services committee was presented with a report on the legal bill, and Couns. Polhill and Joe Swan,

Hitting back

"He's continuing to perpetuate a myth that there was no potential risk to me or my family. In fact, that is not true."

Coun. Joe Swan, speaking about Ontario ombudsman Andre Marin

both of whom were involved in the Billy T's affair, weren't going to miss their chance to hit back.

Swan said he was "astounded" by the amount charged by the Toronto lawyers hired by the city to defend the group that met privately — and illegally, Marin has ruled — at Billy T's Tap and Grill last February. That's \$13,000 each.

"Two hours' work. One interview. Thirteen thousand dollars," Swan said, referring to what the lawyers did for him. "I just think that's an awful high rate, and I had no idea it would cost that kind of money."

He closely questioned city solicitor James Barber, asking if the bill was too high. Barber talked at great length about legal issues and his own review of the costs, eventually agreeing the cost was "reasonable" given the work involved.

But Swan and Polhill also attacked ombudsman Andre Marin, insisting they were justified in hiring lawyers because Marin told them they could go to jail as a result of his investigation.

Marin has said the seven faced no sanctions — and that inspired Polhill's "crock" comment.

But Marin stuck to that account Tuesday, and tweeted that he was happy to come to London and brief councillors again. **Keeping mum**

Tuesday's twists and turns

Nobody would say why the lawyer's bill was so high.

City solicitor James Barber repeatedly cited lawyer-client privilege and wouldn't talk about the details during the public meeting

meeting.
The \$97,000 charge came from four "accounts," Barber said.

Why was it split into four, when there were seven clients? Barber refused to tell acting committee chair Coun. Harold Usher in public.

Usher kept asking the question, but city clerk Cathy Saunders said she didn't know the answer. City treasurer Martin Hayward declined to speak, after taking advice from Barber.

The answers will only be made public if all seven councillors involved in the Billy T's meeting sign waivers.

Polhill said he would be happy to. Swan said he would consider it.

MIKE DONACHIE/METRO

Organizers aim to create a dialogue. Prisoners, justice focus of film festival

Several London community groups are banding together to ask a common question: What should be done about problems at the troubled Elgin-Middlesex Detention Centre?

That's one of the many topics to be explored during the second annual Prisoners' Justice Film Festival.

The event, running from Jan. 23 to Feb. 7, features film and documentary screenings about issues facing prisoners from different segments of the population, both at home and abroad, said Giselle Dias, one of the festival organizers.

Dias thinks problems with the Canadian prison system are especially evident in the London area.

"I think what is happen-

If you go

The Prisoners' Justice Film Festival runs from Jan. 23-Feb. 7.

- Admission is free but donations are being accepted.
- Free childcare is available during screenings and panel discussions.
- Details and a list of screenings are posted at prisonjusticefilm.wordpress.com.

ing at EMDC is a perfect example," she said, referencing frequent reports of inmate

assaults and other problems.

Panel discussions and guest speakers will follow screenings with the goal of educating the public about issues they normally may not consider, said Dias.

"It's really important to us to be able to create a dialogue with people and get people engaged and interested with what's going on," she said.

A number of different community organizations are collaborating on the festival due in part to the fact that issues relating to the justice system intersect with many activist movements.

Dias said organizers plan to arrange gatherings after the festival to decide what the next move should be.

DAVID INGRAM/FOR METRO

The burning question



Tobacco Report

Cancer continues to take its toll

Nearly 10,000 people in Ontario were diagnosed with cancer as a result of smoking in 2009, according to the 2014 Tobacco Report released Tuesday by Cancer Care Ontario.

The report paints an especially grim picture for the slightly dwindling number of smokers, who make up about 20 per cent of the province's population.

Smoking is responsible for the majority of lung and laryngeal cancers, which account for nearly threequarters of the cancers diagnosed in men and twothirds in women.

Adults with less than a secondary-school education, those living in rural areas and the impoverished comprised the largest percentage of daily smokers.

In 2011, men were much more likely to be smokers. The smoking rate among men remained stable since 2003, while the rate among women declined. scott taylor/metro

Health. Are e-cigarettes bad for you? The debate rages on after a warning from the city health unit



TAYLOR ntt taylor@metronews.ca

A warning from the Middlesex-London Health Unit (MLHU) about the dangers of e-cigarettes is nothing but a smokescreen of unsubstantiated claims, says a London man who's in the business of selling

The debate underscores the lack of a definitive study to determine if electronic cigarettes have any serious adverse effects on health.

In the midst of National Non-Smoking Week, the London health unit is warning consumers that a growing number of e-cigarette makers deceptively claim their products help people quit smoking.

That's not the worst of it, said health-unit tobacco control manager Linda Stobo. They're also being marketed to teens, who are more likely to graduate to tobacco if they start with e-cigarettes.

What we have found, based on a review of the evidence gathered over the past five years, is that while e-cigarettes

- The two main ingredients in an e-cigarette are foodgrade propylene glycol and vegetable glycerine, both common food addi-
- The user pushes a button, which heats liquid in a cartridge into a vapour, which is then inhaled. It dissipates into the air when exhaled.

being promoted as a cessaaid. studies have actually shown that e-cigarettes are, in fact, the pathway to renewed or new nico-



She said smokers tend to use them in combination with tobacco smoking before turning back to tobacco exclusively.

"What we can say definitively is that these products are being marketed as safe," Stobo said. "They're being marketed as a cessation aid, and there is no conclusive evidence that has proven the products are safe to use, and there's no conclusive

The secret of butting out



DONACHIE

Want to quit smoking? I'll tell you how it's done.

I know all about quitting. I'm good at it, because I've done it so many times. Practice makes perfect.

Here's how to give up cigarettes: When you stub one out, don't light another.

And what only smokers know is, it really is that simple. Anyone can stop smoking, for a little while.

But, sooner or later, the cravings kick in. Yeah, stopping is easy but staying stopped is the hard part.

So here's the trick: You have to want to stop. You really have to want it.

Your desire to avoid lighting up again must outweigh your desire to smoke, and you have to stay focused on that. When you've got that right, you've genuinely quit.

It doesn't matter how you do it. Patches, e-cigarettes, candy, whatever. The common factor is willpower.

Yes, I'm good at quitting smoking. I quit 11 days ago, and this time it's for good.

evidence that they are an effective cessation aid.'

In other words, buyer be very aware.

These are the kind of statements that ignites London ecigarette retailer Craig Smith.

As the owner of No Ifs Ands or Butts, he's knocked heads with Health Canada numerous times over the e-cigarette issue, and he's more than happy to take on the local health unit as

"The claims the health unit made are completely false," he

Smith cited several studies, including one from Drexel University in Philadelphia, which found "there was no evidence of potential for exposures of ecigarette users to contaminants that are associated with risk

to health at a level that would warrant attention."

Smith said his customers number in the hundreds because e-cigarettes produce the same calming influence of real smokes without the health

And he vehemently denies they serve as a "gateway" to tobacco for teens lighting them

"As much fear mongering as (health officials) do, they never cite any studies or data that demonstrates electronic cigarettes are harmful in any way because no such data exists, he said. "They'll say, 'We don't really know in an ominous tone of voice. That's the best they can manage."

Stobo stood her ground. "If they are, in fact, a cessa-

tion device, then why are these new cigarettes being packaged and marketed in a way that's so appealing to young people with the candy flavours and the fruit flavours and the sophisticated packages?" she questioned.

Health Canada bans esmokes if they include nicotine, but it currently has no firm regulations on those that

"Health Canada advises Canadians not to purchase or use e-cigarettes, as they may pose health risks and have not been evaluated for safety, quality and efficacy by Health Canada," the agency said in an email to Metro.

Follow Scott Taylor on Twitter @taylorinlondon



'The unravelling of Ford': New vid shows mayor off the wagon

Broken promise. The mayor pledged to clean up his act, but this vid shows he has not done that, says a councillor member

Toronto Mayor Rob Ford ended weeks of adamant vows that he had given up alcohol by admitting Tuesday that he was drinking the previous night, after a video emerged of him in a rambling, profane rant.

The poorly framed video of the largely incoherent Ford using Jamaican swear words was posted to You-Tube anonymously, and appears to have been filmed at a restaurant called Steak Queen in the city's north

Ford admitted he had been drinking, but said it was on his "own time."

"I was with some friends and what I do in my personal life with my personal friends, that's up to me," Ford told reporters outside his city hall office. "It really has nothing to do with you

The mayor denied that he was on drugs the previous night but wouldn't say how he got home from the restaurant in that state.

In the video Ford uses profanity, appears to imitate a Jamaican accent and uses the Jamaican swear word bumbaclot, references Toronto Police Chief Bill Blair counter-surveillance, though full sentences cannot be made out from the

Ford said he did not think the language he used was offensive or discriminatory.

"It's how I speak with some of my friends," he said. Coun. Michael Thomp-

son, the city's only black councillor, said the mayor's interpretation of "supposedly being Jamaican" was of-

He called it another un-

"We've been fairly silent in just waiting for the next thing to occur ... I think we all had sort of concluded it was only a matter of time."

Coun. Michael Thompson about Ford

fortunate situation in the "unravelling of Rob Ford," saying many fellow councillors were skeptical of Ford's claims of sobriety.

A user of the social media site Instagram posted a photo around midnight of the mayor posing with two men and identified the location as Steak Queen.

Coun. Joe Mihevic said it appeared from the video that Ford was "off the wagon."

"It was his commitment that he would clean up his act," Mihevic said. "What this shows is that he has not done that." THE CANADIAN PRESS



Mayor Ford has surfaced. Andrew francis wallace/torstar news service

Throngs delighted by Harper's Israeli stance



Phone invasion

Crown says older phones don't need search warrants

Recent changes in the law requiring police to obtain search warrants before examining the contents of smartphones shouldn't apply to older, less-advanced cellphones, a Crown lawyer

told British Columbia's highest court Tuesday. The B.C. Court of Appeal is examining whether it was legal for the RCMP to search two Black-Berry phones seized from a suspect following a 2006 kidnapping in Richmond, near Vancouver. Investigators didn't get a warrant before sending the phones, which were protected by passwords, to a technical lab in Ottawa. THE CANADIAN PRESS

Throngs of Israelis literally reached out to touch Stephen Harper on Tuesday as he basked in a hero's welcome at the sacred Western Wall, shortly after he and his Israeli counterpart insisted their countries do, indeed, have differences of opinion.

The prime minister's jampacked second full day in Israel included a morning chat with President Shimon Peres, as well as a bilateral meeting with Prime Minister Benjamin Netanyahu and six Canadian cabinet ministers, including John Baird and Jason Kenney.

Netanyahu and his wife then accompanied Harper and his wife Laureen to the Yad Vashem Holocaust Memorial Museum for a harrowing look back at the horrors perpetrated on the Jews by Nazi Germany.

"They are remembered always, in our hearts, in our prayers and most importantly in our resolve," Harper wrote in the museum guest book. "Never again."

The loquacious Israeli leader explained much of what the Harpers saw at the museum, an elegant building designed by Canadian architect Moshe Safdie that's situated on a sunny Israeli hilltop speckled with majestic cedars.

Netanyahu spoke at length at every stop of the tour, explaining the exhibits to the Harpers. At the end of the visit, they stopped in the Hall of Names, where the names of Holocaust victims are permanently preserved.

Just after sunset, the prime minister was greeted by hundreds of onlookers who cheered and reached out their hands to touch him as he made his way from his vehicle to the wall.

Historic address

Prime Minister Stephen Harper's official tours don't often generate international headlines, but Monday's historic address to Israel's parliament was an exception.

Israeli press was most positive about Harper's speech, in which he accused those who blame the country for problems in the Middle East of being anti-Semitic.

The wire

Quebec union tried to thwart corruption inquiry

Quebec's largest labour federation was ready to ask Parti Quebecois Leader Pauline Marois for help in ensuring no corruption inquiry ever took place, according to a wiretap conversation heard

Tuesday. The 2009 exchange, played at the Charbonneau Commission, is between two senior union bosses - thenfederation president Michel Arsenault and Jean Lavallée, former president of the federation's construction wing. The union has been under the microscope as the corruption inquiry looks at how organized crime infiltrated it through its construction wing. THE CANADIAN PRESS

Insert disaster here

Minister ready with prepackaged federal statements

If there's a major cyber-attack on Canada, Public Safety Minister Steven Blaney will not be giving the public "specific details" of the incident, newly released briefing notes indicate. However,

the minister won't be at a complete loss for words if he follows the carefully crafted script he's been provided for just such a terrible occasion. 'Cyber-attacks are a global phenomenon," Blaney is advised to tell Canadians. In fact, Blaney will be ready to respond to other kinds of catastrophes, including a major natural or man-made disaster in Canada, as well as terrorism. THE CANADIAN PRESS

Chinese man who kept women as sex slaves is executed

Luoyang city. The man, 36, kept his six victims in a dungeon; two were killed by fellow victims he coerced into doing so

China executed a man on Tuesday who kept six women in a dungeon as sex slaves for periods of up to 21 months, during which he coerced three of them to kill two of their fellow captives, a court official said.

Li Hao, 36, who was executed, had dug a dungeon underneath a basement he bought in August 2009 and tricked women who worked at hair salons, karaoke bars and a massage parlour into

going there with him, the official Xinhua News Agency reported.

Li repeatedly raped the women, who were held there between two and 21 months, it said.

Police said he wanted to make money by forcing the women into prostitution and to appear in obscene webcasts.

His dungeon in Luoyang city in central Henan province was finally discovered after one of the women escaped and went to police.

The two women who died were killed by three of the others on Li's instructions, and they were also found guilty of murder, according to Xinhua, which said they were shown leniency. Two were put on probation, one got three years jail time.

THE ASSOCIATED PRESS

Married with a child

Xinhua News Agency said Li Hao was convicted of murder, rape, illegal detention, organized prostitution and manufacturing pornography for profit. He was sentenced to death in 2012 and fined \$1,640.

- Li forced the women to appear in webcasts and forced them to have sex with customers
- When Li was arrested in September 2011, he was married with an eightmonth-old son. He'd built the dungeon away from his home.



A Jersey wind chill: -40 C!

A woman tries to control her skirt and umbrella as a gusty wind blows onto her during a winter storm, Tuesday, in Jersey City, N.J. A cold spell has gripped the region, with bitterly cold air and wind chills as low as -40 C in the forecast. JULIO CORTEZ/THE ASSOCIATED PRESS

Pennsylvania

U.S. man wanted by cops located via Facebook

Police in one Pennsylvania town really "liked" this Facebook post.

The Wilkes-Barre
Times Leader reports officers arrested 35-year-old
Anthony Lescowitch less
than two hours after he
shared a wanted photo
of himself and taunted
police for not being able
to find him.

Police in Freeland say Lescowitch shared the wanted bulletin minutes after they posted it on the department Facebook page Monday night. He was being sought on assault charges.

An officer pretending to be an attractive woman then messaged Lescowitch. Police say Lescowitch agreed to meet for a cigarette, and was arrested at the agreed-upon location.

Lescowitch remained in jail Tuesday. Court records don't list a defence attorney for him.

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Tickets. Sochi scrambling to fill seats amid expense, terrorism concerns

What if they held an Olympics and nobody came?

The situation isn't that bleak for the Sochi Games. Yet, with less than three weeks to go until the opening ceremony, hundreds of thousands of tickets remain unsold, raising the prospect of empty seats and a lack of atmosphere at Russia's first Winter Olympics.

There are signs that many foreign fans are staying away, turned off by terrorist threats, expensive flights and hotels, long travel distances, a shortage of tourist attractions in the area and the hassle of obtaining visas and spectator passes.

"Some people are scared it costs too much and other people are scared because of security," senior International Olympic Committee member Gerhard Heiberg of Norway said. "From my country, I know that several people and companies are not going for these two reasons. Of course, there will be Norwegians there, but not as many as we are used to."

Sochi organizers announced

last week that 70 per cent of tickets have been sold for the games, which run from Feb. 7-23 and represent a symbol of pride and prestige for Russia and President Vladimir Putin.

So what about the remaining 30 per cent?

"We are keeping a special quota for those who come for the games, so that they can indeed buy tickets for the competitions," organizing committee chief Dmitry Chernyshenko said.

Chernyshenko said about 213,000 spectators are expected at the games, with about 75 per cent likely to be Russians.

"Tickets are being snapped up fast, with the most popular events being hockey, biathlon, figure skating, freestyle and snowboard," the organizing committee said in a statement. "With 70 per cent of tickets already sold and another ticketing office opening shortly, we are expecting strong lastminute ticket sales and do not envisage having empty seats."

THE ASSOCIATED PRESS



Young man... Olympic band may play gay anthem as a 'signal' of solidarity

The Dutch brass band that always performs at Olympic speed skating ovals is considering playing a popular gay song, Village People's YMCA, at the Sochi Winter Olympics to show its support for gay rights.

It remains to be seen how Russian and Olympic authorities would react should the Kleintje Pils band play a song widely considered to be a gay anthem. A ban on information about "non-traditional sexual relations" signed into law by Russian President Vladimir Putin has provoked widespread international outrage from critics who believe it discriminates against gays.

Bandleader Ruud Bakker

It takes a village

"We will see if we can get one or two songs into the selection, knowing that in the Netherlands it will be seen as a signal we are thinking of them (gays)."

Kleintje Pils bandleader Ruud Bakker

said on Tuesday that Kleintje Pils could mix YMCA in its singalong repertoire as "a signal." But he added that the band didn't want to antagonize organizers or turn its performances into a "political game."

THE ASSOCIATED PRESS



Russian forces hunting 'black widow' bombers

Olympic security.

Officials say three female potential suicide bombers are on the loose, including one at large in Sochi

Russian security officials are hunting down three potential female suicide bombers, one of whom is believed to be in Sochi, where the Winter Olympics will begin next month.

Police leaflets seen by an Associated Press reporter at a central Sochi hotel on Tuesday

Quoted

"How many potential cells could be in Sochi and the Olympic village?"

U.S. Congressman Rep. Michael McCaul, who, despite being impressed by the work of Russian security forces, said he was troubled that potential suicide bombers had gotten into Sochi.

contain warnings about the three potential bombers.

A U.S. congressman who was in Sochi on Tuesday to assess the situation said he was impressed by the work of Russian security forces, but troubled that potential suicide bombers had gotten into the city, despite all of the extraordinary security measures.

"We know some of them

got through the perimeter," said Rep. Michael McCaul, chairman of the U.S. House Homeland Security Committee. "She's for real. What we don't know is how many more black widows are out there."

Russian authorities have blamed the so-called "black widows" of slain insurgents for previous attacks in the country.

McCaul, a Republican from

Texas, said he had numerous meetings with officials in Moscow and Sochi, and was briefed by the joint operation centre in Sochi, which is responsible for overall security in the area.

The congressman expressed concern that terrorists could have gotten into Sochi before security was tightened.

"How many potential cells could be in Sochi and the Olympic village?" he said. "But after 'the ring of steel' was implemented, we have this one person who seems to have been able to penetrate it. It does demonstrate vulnerability"

THE ASSOCIATED PRESS



A photo of a police leaflet seen is a Sochi hotel on Tuesday shows Ruzanna Ibragimova and states that she is at large in the city.

NATALYA VASILYEVALTHE ASSOCIATED PRES

The 'black widows'

A police letter said that one of the suicide bombers, Ruzanna Ibragimova, a 22-year-old widow of an Islamic militant, was at large in Sochi.

 Police material distributed to the hotel staff included pictures of two other women in veils: 26-year-old Zaira Aliyeva and 34-year-old Dzhannet Tsakhayeva.

- It said the women had been trained "to perpetrate acts of terrorism."
- It further warned that the two women "are probably among us," but unlike Ibragimova's case, did not say if they are in Sochi.
- No further information was provided about the two women or their motivation.
- The term "black widow" refers to the belief that women who have carried out past suicide attacks in Russia did so to avenge the deaths of husbands or other male relatives.

Executed at 14. Judge to decide whether to give long-dead child a retrial

The judge, prosecutor and defence lawyers all agree that, at least by today's standards, justice wasn't carried out 70 years ago when a 14-year-old black boy was sent to the electric chair for killing two white girls in South Carolina.

But figuring out exactly what happened in March 1944 may be elusive, they said during the first day of a hearing into whether the boy, George Stinney, should get a new trial. People who attended the original trial have died and most of the evidence, including a transcript of the trial, has disappeared.

Stinney was found guilty of killing 11-year-old Betty Binnicker and seven-year-old Mary Emma Thames. The trial lasted less than a day in the tiny Southern mill town of Alcolu. His lawyers argued



SOUTH CAROLINA DEPARTMENT OF ARCHIVES

his conviction was tainted by racism and scant evidence.

Pakistan. Violence claims militants, soldiers, health workers and pilgrims

The Pakistani air force pounded militant hide-outs near the Afghan border on Tuesday, killing dozens of people following deadly bombings against security forces in recent days.

Elsewhere, a roadside bomb killed 20 Shiite pilgrims in a separatist province, and gunmen opened fire on workers administering polio vaccinations, killing three people.

The Pakistani government has come under heavy pressure to aggressively tackle a surge in militant violence instead of solely relying on efforts to start peace talks with the Taliban-led insurgents.

The air strikes in North Waziristan came after the Taliban claimed responsibility for a bomb that killed 26 soldiers Sunday when it tore through a military convoy inside an army compound in the nearby Bannu area.

A suicide bomber also killed 13 people, including eight security personnel, Monday in the garrison city of Rawalpindi.

There were conflicting claims about who was killed in the air strikes.

THE ASSOCIATED PRESS

Afghanistan

De-miners freed after abduction

A group of 57 civilian de-miners was released on Tuesday just hours after being captured by unknown gunmen in western Afghanistan, officials said.

The governor of Herat province, Faizullah Wahidi, said the de-miners were released unconditionally after being abducted as they drove to an area that needed to be cleared.

Wahidi did not know who kidnapped them or why. The ASSOCIATED PRESS

Central African Republic

New mass grave found: Minister

French intelligence services have reported a new mass grave in Central African Republic, France's defence minister said Tuesday.

Jean-Yves Le Drian said a Tuesday memo described a grave of about 15 bodies outside the capital Bangui. He did not elaborate.

Since December, France and a UN-backed coalition of African states have sent troops to help end violence between Christians and Muslims, THE ASSOCIATED PRESS



You can't topple a government on an empty stomach

Anti-government protest leader Suthep Thaugsuban, centre, sits for lunch during a protest rally on Tuesday in Bangkok. Thailand has declared a state of emergency in the capital and its surrounding areas to cope with anti-government protests that have stirred up violence. SAKCHAI LALIT/THE ASSOCIATED PRESS

Fellow student held in campus killing

Purdue University in Indiana. Cops believe shooting of teaching assistant was targeted

One student was killed inside a Purdue University classroom Tuesday by a gunman who surrendered to police within minutes of the attack in Indiana, officials said.

Purdue Police Chief John Cox said Tuesday that 23-yearold Cody Cousins of Warsaw,

Gunman's path

"The individual entered the facility and took the actions that he took, and then immediately left the facility without any other interaction that we're aware of."

Purdue Police Chief John Cox

Ind., was being held on a preliminary charge of murder.

Cousins is accused of shooting 21-year-old Andrew Boldt of West Bend, Wis., in the university's Electrical Engineering Building around noon Tuesday. Cox said police were still investigating the motive but said it appeared to be a targeted shooting.

No one else was injured. Cox says Boldt was a senior and worked as a teaching assistant in the school. Cousins is a student in the engineering school.

The suspect gave himself up to a West Lafayette police officer outside the building on the 40,000-student campus, he said.

Cox said authorities responded aggressively after the shooting was reported, with about 20 campus and city police officers at the building within minutes.

He said the suspect did not immediately co-operate with investigators.

THE ASSOCIATED PRESS

Vatican monsignor accused of 2nd cash crime



A Vatican monsignor already on trial for allegedly plotting to smuggle 20 million euros was arrested Tuesday in a separate case for allegedly using his Vatican bank accounts to launder money.

Financial police in the Italian city of Salerno said Monsignor Nunzio Scarano, dubbed "Monsignor 500" for his supposed favoured banknotes, had

transferred millions of euros in fictitious donations through his accounts at the Vatican's Institute for Religious Works.

Police described the laundering plot as follows: Scarano allegedly withdrew 555,248 euros from his Vatican account in cash in 2009 and brought it into Italy. Since he couldn't deposit it in an Italian bank without drawing suspicion, he selected

50 friends to accept 10,000 euros apiece in cash in exchange for a cheque or wire transfer in that same amount.

In the smuggling case, prosecutors say Scarano, a financier and a carabinieri officer devised an elaborate plot to transport 20 million euros in a private jet from Switzerland to Italy to avoid paying customs duties.

THE ASSOCIATED PRESS

Stars help Gen Y shoot for the career moon

Taking off. A galaxy of leaders, including astronaut Chris Hadfield, connect with millennials to help get their work lives off the ground

Dave Wilkin credits a meeting over coffee with changing his life and setting him on a path.

A student at the University of Waterloo, he had a single goal: find a job.

He sent out hundreds of emails to business leaders in hopes of landing work. In most cases, he didn't hear back at all

But he got a response back from Mia Pearson, a communications executive, who invited him to meet her for a coffee at a Toronto café. Within minutes of the meeting, she urged Wilkin to start his own company.

He did just that — and nearly five years later, his social



media marketing firm Redwood Strategic, which specializes in targeting millennials, is doing a booming business.

program. GETTY IMAGES

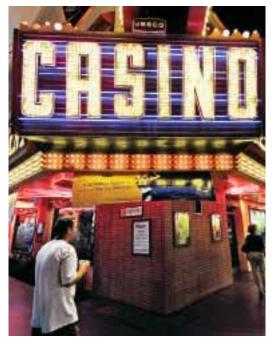
But Wilkin, 25, knows many young people, whether they are still in school or figuring out what career to pursue, would benefit from the guidance he got. So Wilkin is taking that idea of the coffee conversation and formalizing it as Ten Thousand Coffees, which launched Tuesday at tenthousandcoffees.com.

Some heavy hitters have signed up: astronaut Chris Hadfield, comic Rick Mercer and Twitter Canada head Kirstine Stewart. Bank executives, non-profit leaders, lawyers and academics are among the 300 experts in 21 industries participating.

Even though the program is called Ten Thousand Coffees, Wilkin says the meetings connecting Gen Y and seasoned experts can be over coffee or take place anywhere, including on Skype, Google Hangouts or "any vehicle to ignite the conversations."

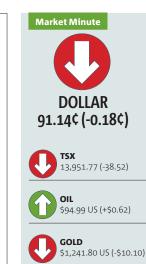
The meetings can focus on career advice, how to start a business, or simply sharing a big idea, but Wilkin said it is up to the individuals to decide, and whether they want to formalize the relationship.

TORSTAR NEWS SERVICE



Golden Gate bets on Bitcoin

The Golden Gate Hotel & Casino is seen on Fremont Street in downtown Las Vegas. Starting today, patrons at the Golden Gate and the D casino will be able to use the online currency Bitcoin to pay for rooms, food and drinks. The cybercurrency will also be accepted at the D's gift shop and two restaurants. U.S. dollars will remain the only currency accepted on the casinos' gambling floors. ETHAN MILLER/GETTY IMAGES



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WATCHING NHL SAME AS BAR BRAWL

Good morning, class.

Today's topic is: NHL hockey — Big League or Bush League?

Yes, we have to go there after Saturday night, when the Vancouver Canucks and Calgary Flames re-enacted that classic hockey movie Slapshot by starting a brawl off the opening faceoff.

Once the final whistle (mercifully) blew, the referees had assessed 204 minutes in penalties, and Kellan Lain, a new Canucks bruiser playing his first game in the bigs, set an NHL record for being ejected two seconds into the start of his career.

As amazing as all that was, it was nothing compared to what happened between the first

and second period, when Canucks coach John Tortorella decided to invade the Calgary dressing room in an attempt to get to Calgary coach Bob Hartley, no doubt to enter into a dialogue about fostering peaceful coexistence.



JUST SAYIN'
Paul Sullivan

metronews.ca

Tortorella has been suspended for 15 days without pay to cool off, but enjoys a hero's status in Vancouver, where he's being hailed as some kind of hockey warrior god who sticks up for his guys.

Of course, the whole episode is not playing so well outside Metro Vancouver. In fact, Peter Gammons, who works for Major League Baseball, went as far as to tweet, "Calgary and Vancouver last night reiterated why the NHL is a minor sport."

Wounded hockey fans wanted to know who the hell this Peter Gammons is, and I guess it won't matter that he was America's National Sportswriter of the year in 1989, '90 and '93 and received an honorary Poynter

Fellowship from Yale. Betcha he's a pussy.

Meanwhile, hockey fans are still getting a buzz off the Winter Classic on New Year's Day when 100,000 turned up in a snowstorm to watch the Leafs beat the Red Wings. See? Ain't no minor sport.

So is a sport that features the on-ice equivalent of a barroom brawl right from the opening faceoff a minor sport or not? And speaking of minorities, I never feel more minor than when I'm at the arena and a couple of goons drop their gloves. Thousands of otherwise sane and rational moms, dads, friends and lovers leap to their feet and let out a bloodthirsty roar of approval. The only thing better, apparently, than two goons, is 10 goons.

At least, say hockey's apologists, we no longer have benchclearing brawls. Well, that's a relief. Now all we have to do is put an armed guard outside the opposing team's dressing room in case Coach decides to go postal between periods.

Oddly enough, I still believe pro hockey is big league. The brilliance of the playmaking, skill and speed somehow survives the worst efforts of its most dedicated cavemen.

And you'll be pleased to hear a recent survey shows that fighting has declined. There are only 0.88 fights a game! It's the dawn of civilized hockey.

Now if someone would just tell the coach.

ZOOM

Hue can be happy with colour



ILLUSTRATION BY MATTHEW MCGUINNESS/PHOTOS CONTRIBUTE

Pleasing to more than just the eye

Thousands of vibrant street style photos (right) were used to design this mood-boosting sun illustration.

The colour yellow is associated with invigorating your state of mind, while red, a tempestuous shade and pigment of passion, can swing either way in the direction of love or hate.
Colour does affect your

mood. Angela Wright, one of the leading experts in colour psychology and author of A Theory of Colour Psychology and Colour Harmony, roots this in evolution: "Humans have developed an innate reaction to colour as a survival mechanism. People derive deep spiritual pleasure from the rich greens of a summer landscape but can be depressed by long periods of grey, overcast weather." METRO









TAKARA SMALL takara.small@metronews.c

It's right about this time of year — just after Christmas but before the yearly April tax deadline — that people tend to take a closer (some would argue honest) look at their personal finances.

They hem and haw over what they've saved too little for or, if you're like me, spent too much on. There's plenty of reasons to get your finances in order, but thanks to an increasingly crowded app environment, more and more companies are creating applications to make budgeting easier. Here are some budget apps to help clean up your

money woes: Level money:

Devoid of the snark and finger wagging that usually accompanies budget apps, this money saver breaks down how much you spend into easy-to-read graphs. You can see how much you spend every day, week and month, with new transactions added to your budget in real time.

Mint:

This app keeps track of your money and goals by using your financial information (bank accounts, loans) to

keep tabs on you. Every transaction you make is logged and will warn you if you spend more than you've budgeted for any activity — think shopping or dinners out.

Debt Manager:

If you're one of many Canadians whose finances are in the red, then this app is for you. Besides a progress bar and accrued-interest guides, it also keeps track of monthly payments for those pesky student loans and your monthly transactions.

Twitter

@metropicks asked: You can get insurance to cover 'change of heart' for your wedding. If you could get it, would you?

@Canucklehead_ca: No. That being said, my wife is curious if it can be bought retroactively - say a decade and a bit? (Must be asking for a

friend.)

@MileagePhoto: would buy this for pizza that has been ordered but not yet delivered.

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Frankenstein's creation is back from the dead, again

Creature feature. The monster may have many names, but he's been a fixture on the silver screen since the birth of cinema



IN FOCUS
Richard Crouse scene@metronews.ca

The eight-foot-tall, gruesomely ugly creation of Victor Frank-enstein has been called many things. In the original Mary Shelley novel he is named The Ogre. In the credits of the Boris Karloff film he is referred to as The Monster. He's also been called a fiend, the thing and the demon.

All those terms are apt for a creature born of dead body parts but a new movie adds a different name to the list — Adam. As in Adam Frankenstein.

I, Frankenstein stars Aaron Eckhart as Adam, the prefab man. He's now an immortal martial arts expert battling a war between rival clans in an ancient city. The character takes the name from the Shelley book. Sort of.

Shelley never gave the monster a name. People often mistakenly refer to him as Frankenstein, but in the novel the creature says to Victor, "I ought to be thy Adam; but I am rather the fallen angel."

Whatever you want to call him, Frankenstein's Monster has always been a popular character in the movies.

The most famous film featuring the creature has to be Boris Karloff's 1931 classic, but it wasn't the first. Five silent films, one with the dramatic title Life Without Soul and another that featured the brute emerging from a cauldron of fiery chemicals, all played to packed houses.

From those dramatic beginnings dozens of movies followed.

Robert De Niro played the beast in Mary Shelley's Frankenstein. On the set director Kenneth Branagh banned the word "monster," insisting instead that everyone refer to the creature the same way he is billed in the credits, as "The Sharp Featured Man."

Frankenstein: The College Years is basically an unlikely mix of Shelley's story and Encino Man. Directed by Tom Shadyac, this 1991 comedy sees college student Mark (William Ragsdale) reanimate Dr. Frankenstein's creature who then becomes a football star and a big man on campus known as Frank N. Stein (Vincent Hammond). "He blends right in," says Mark of the six-foot-nine Frank. "He's a regular invisible man."

The movie The Bride, a 1985 remake of The Bride of Frankenstein starring Sting and Jennifer Beals, gave the fiend yet another name. He was dubbed Viktor but not in tribute to his creator Victor Frankenstein. In this retelling the good doctor is known as Baron Charles Frankenstein. The name Viktor was chosen in tribute to the film's producer Victor Drai.



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Eckhart takes on monster of a role

I, Frankenstein.

Chiseled actor takes his turn at the manmade monster in new sci-fi fantasy flick

CHRIS ALEXANDER

Since that fevered night over a century past, when writer Mary Shelley, her hubby Percy and their pals Byron and Polidori got silly on sex and substances and helped birth her masterpiece of gothic horror Frankenstein, popular culture has mined and exploited the novel's concepts in a myriad of media to varying effect.

The latest stab at the man-made monster mythology is I, Frankenstein, an adaptation of the samenamed graphic novel by actor-writer Kevin Grevioux (Underworld).

It stars The Dark Knight's Aaron Eckhart as Adam, the good doctor's undying creation who channels Clint Eastwood's "man with no name" by wandering into a war between two enemy camps; in this case gargoyles and demons.

It's an outrageous concept, but what really appealed to the celebrated actor was its focus on character.

"I think that for the audi-



ence, the movie is an action-packed, fantastic, science fiction, horror film," Eckhart says.

"But for me it's a personal thing, a personal film

about a father and son and, really, that idea goes back to the book. It's a film that marries that idea with the monster's fighting skills and this other world he

ends up in, looking for his soul and his purpose in life."

Eckhart's resumé is diverse. From his recent aforementioned turn as Harvey

Dent Two-Face in The Dark Knight to his macho role in Erin Brockovich to his extensive work with director Neil LaBute in films like In the Company of Men and Nurse Betty.

But as random as his professional trajectory may seem, the actor has a dedicated criteria to choosing his parts.

"Ît's all about falling in love with my character," Eckhart claims.

"When I'm reading a script and suddenly, my five senses kick in, then I know it's right. Then I gravitate towards the director, which is important. A real director can make good material great and the reverse is almost never true. Ultimately, I'm just trying to act in quality projects, I'm not a careerist."

With I, Frankenstein, Eckhart is immersed in a miasma of baroque, deft visual effects to goose the film's allegorical melodrama.

And better still, Eckhart is supported by another great actor, genre favourite Bill Nighy, who, like Grevioux, is also a veteran of the Underworld films.

Nighy plays the evil lord of the demons and is indeed enabled by Australian writer-director Stuart Beattie, a talent that Eckhart is in awe of.

"Stuart is a real creator, a master over his material." Eckhart says.

"He loves to collaborate and has a fantastic imaginative mind, which he really put to use here. I think he created a world that people will enjoy, absolutely pure, thrilling escapism."





metronews.ca Wednesday, January 22, 2014 DISH 15



Osbourne throws her hands in the air like she just don't care (and like she got totally blotto)

Joan Rivers is a pro when it comes to dealing with hecklers at her stand-up shows, but what about when the nuisance is caused by a co-worker? A seemingly intoxicated Kelly Osbourne reportedly made quite a scene at Fashion Police co-host Rivers' recent gig in Los Angeles, according to Radar Online. "Kelly had one drink before the show started, and then during the show she got up and went to the bar to get even more drinks," a source

says. "Kelly was yelling things out to Joan during the show when no one else was and she was throwing her hands up in the air. She was doing it obnoxiously. Everyone around her thought she was drunk." After the show, another witness spotted Osbourne "banging on the door to get backstage after the show. She grabbed her friend as she was leaving and was hanging onto him. It seemed so obvious that she had been drinking."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Biebs leaves his autograph ... in the snow

MELINDA TAUB

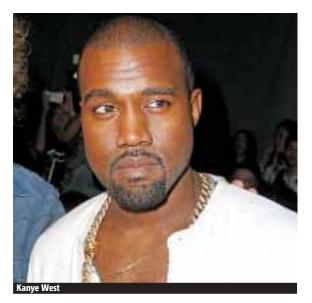
What's the best way to distract from a sexting scandal, alleged drug abuse and possible criminal vandalism charges? How about adding public urination into the mix?

That's the strategy that Justin Bieber is reportedly deploying, at any rate. Biebs and his posse are in Colorado right now. They were on the road when the pop star felt the sudden call of nature and decided to



pull over to relieve himself. But not in the woods or off the freeway — rather, in an affluent residential neighbourhood.

According to TMZ, local residents looked on in shock as Bieber peed in the snow right in front of them. After he'd zipped up and headed off to take care of whatever important Bieber business he was pursuing, they crept up to the scene of the crime and found that he'd whizzed his initials into the snow.



'God, sex and alcohol': The Kanye way

If you were curious as to how Kanye West coped with the aftermath of his infamous 2009 MTV Video Music Awards stage-crashing of Taylor Swift, it was with "God, sex and alcohol," he tells 12 Years a Slave director Steve McQueen in a feature for Interview Magazine. "I don't have an addictive personality, so that means that I can lean on what might be someone else's vice just enough to make it through to the next day. You know, just enough religion, a half-cup of alcohol with some ice in it and a nice chaser, and then I'd make it to the next week."

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TRAVEL metronews.ca Wednesday, January 22, 2014

Fans of the Beatles are celebrating the 50th anniversary of the band's U.S. televised debut. While it all culminates with a star-studded Los Angeles tribute concert (to be televised Feb. 9), there are many other ways to honour the Fab Four around the globe.

STEVE GOW



Liverpool, U.K.

The birthplace of the Beatles. There's perhaps no better place to bathe in Beatlemania than Liverpool. Whether it's touring the Beatles Story museum — which boasts the biggest permanent exhibition faithful to the Fab Four — visiting the childhood homes of John Lennon and Paul McCartney or sleeping at the Yellow Submarine Hotel floating in historic Albert Dock, the Merseyside city is the epicentre for fans. Be sure to stop by the infamous Cavern Club and grab a pint where The Beatles performed over 290 shows in their early days.

Songs to highlight your visit: Penny

Stops on a Magical Mystery Tour



Abbey Road, London

On the bucket list of most Fab Four followers is getting to London's famous Abbey Road. Located in the St. John's Wood district of the English capital (don't get confused with the Abbey Road transit station in the east end), this simple crosswalk is where many Beatlemaniacs recreate the iconic street-crossing cover of group's last recorded album. While the actual Abbey Road Studios is a short stroll away, don't expect much access to the Beatles' famous song salon. It's still a world-class workshop for musicians.

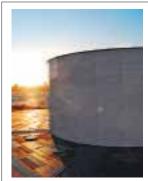
Songs to highlight your visit: Come Together, Something

Strawberry Fields, New York

Lane, Yellow Submarine

John Lennon may have lived in Manhattan for less than a decade, but he left an indelible mark on the city. With an entrance directly across from the Dakota apartments (where Lennon lived for the latter part of his life), Strawberry Fields in Central Park is a large, serene memorial garden dedicated to Lennon. A short walk through will reveal the famous Imagine pathway mosaic. Songs to highlight your visit: Strawberry Fields Forever, Imagine





Imagine Peace Tower, Iceland

The Beatles' legacy has even pervaded the north. Visitors to Videy Island near Iceland's capital of Reykjavik can see the Imagine Peace Tower that was built to honour John Lennon. Created by Yoko Ono, the tower bears the words "imagine peace" in 24 languages, and the memorial sends beams of lights toward the sky. Songs to highlight your visit: Across the Universe, The Ballad of John and



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Pillowy softness and slight crunch in every bite

Roasted Cauliflower and Chorizo Gnocchi.

The chunky sauce in this dish offers perfect texture and flavour



DINNER **EXPRESS**

There are so many people who just don't like cauliflower. But why? It is such a versatile and delicious vegetable, raw or cooked.

You can add it to soups or stews for added vegetable flavour and texture. Serve it up raw or blanched on a veggie tray, or how about pickled one of my faves!

My current favourite way, however, to serve up cauliflower is roasting it. It adds a slight crunch and decadent flavour that is so simple but yet addictive. I am pretty sure I have eaten a whole head of roasted cauliflower myself after taking it out of the oven!

So how do you roast cauliflower? I've found the best approach is to simply remove the stem and tough core and cut the cauliflower into small florets. By doing this, more surface area gets exposed to becoming roasted and charred for an absolutely delightful texture and flavour.

In this particular recipe, I pumped up the flavour of the cauliflower by adding semi dry chorizo sausage and simple onion, garlic and parsley. It resulted in a dish worthy of my own restaurant menu.

1. In a large bowl, toss the cauliflower florets with 2 tbsp (30 ml) of the extra virgin oil, salt and freshly ground pepper. Spread over parchment paper lined baking sheet and roast in 400 F (200 C) oven for about 45 minutes or until golden brown and tender crisp. Set aside. You can do this the night before for a quick weeknight meal the next day.

2. In a large nonstick skillet, heat the remaining extra virgin oil over medium heat and sauté the chorizo sausage, onion and garlic for about 8 minutes or until soft and starting to become golden. Stir in the chicken or vegetable broth and parsley. Keep

3. Meanwhile, in a pot of boiling salted water, cook gnocchi for about 5 minutes or until they float to the top and are tender but firm. Using a slotted spoon or small sieve lift gnocchi out of water and add to skillet with sausage and onion. Add butter and cook over low heat. Stir in roasted cauliflower and toss to combine until heated through. Serve in shallow



20 MINUTES

This recipe makes six servings. EMILY RICHARD

- 1 head cauliflower, cut into small florets
- 3 tbsp (45 ml) extra virgin olive oil
- 1/4 tsp (1 ml) each salt and fresh ground pepper • 1 pkg (250 g) semi cured mild
- chorizo sausage, chopped • 1 small onion, chopped
- 2 cloves garlic, minced
- 1/2 cup (125 ml) chicken or vegetable broth
- 2 tbsp (30 ml) chopped fresh
- 1 pkg (1 lb/454 g) gnocchi (fresh or frozen)
- 2 tbsp (30 ml) butter

Chicken and tortellini get tossed together

You can use leftover chicken for this dish or pick up a rotisserie chicken and make it that much faster! Sun-dried tomatoes are packed in oil and that oil has lots of flavour. In this salad dressing I've used the oil to add more flavour and enhance the sun-dried tomatoes added to it. If there isn't quite enough oil in your jar, you can use extra virgin olive oil instead. If you need

Ingredients

- 1 pkg (about 400 g) marin ated boneless skinless chicken
- 1 pkg (350 g) fresh three cheese tortellini
- Half red bell pepper, chopped • 2 tbsp (25 ml) chopped fresh
- 2 tbsp (25 ml) finely chopped
- sundried tomatoes packed

Dressing

- 2 tbsp (25 ml) sund-ried tomato oil
- 1 tbsp (15 ml) sherry or apple cider vinegar
- 1 tsp (5 ml) Dijon mustard
- . 1 clove garlic, minced
- Pinch each salt and pepper



to moisten or refresh the salad before serving, simply drizzle a little more sun-dried tomato or olive oil and toss again.

- 1. Place chicken breasts on greased nonstick grill pan over medium heat, close lid and grill for about 12 minutes, turning once or until no longer pink inside. Remove to a cutting board and chop.
- 2. In pot of boiling salted water,

cook tortellini for about 5 minutes or until tender but firm. Drain and toss with chicken.

- 3. In a large bowl, combine tortellini, chicken, red pepper, parsley and sun-dried tomatoes.
- 4. Dressing: In a small bowl, whisk together sun-dried tomato oil, vinegar, mustard, garlic, salt and pepper. Drizzle over top of tortellini mixture and stir to coat. EMILY RICHARDS



metre 18 WORK/EDUCATION metronews.ca Wednesday, January 22, 2014

Socially speaking: I'm here and hireable

Look before your Link. Why keeping your professional profile polished is imperative

SIDNEYEVE MATRIX

TalentEgg.ca

While Facebook is for friends, think of Linkedin as the social network for your career.

Part job board and part social platform, on LinkedIn you can make industry connections, do employer research, share updates and post a multimedia resumé.

Many students ignore the site until after graduation, mistakenly thinking it is just for job seekers. As a result, those few who start developing their LinkedIn network early, even before graduating from high school, have a distinct advantage when it's time to apply for colleges, awards, grad school, internships and jobs.

Value across the board

Even if by some chance the HR department or selection committee that matters to you is not actively recruiting on LinkedIn, there are still two very good reasons to establish your profile there.

· Today, many hiring and admissions committees are using social screening to vet candidates. If your Facebook profile is set to "private" — as it probably is and likely should be - then your LinkedIn page becomes more visible and important to someone Googling you. Build your LinkedIn profile by including a list of all courses completed, your extra-curriculars, and volunteering activities. Held a leadership position on or off campus? List it. Won (or shortlisted, even nominated for) an award? Let LinkedIn know.

Prepping for an interview means finding out everything about a company, especially all their most recent initiatives, such as social media market-



ing campaigns and social good activities, awards and news-worthy happenings. Every candidate is asked, "Do you have any questions?" and you always have to have some. LinkedIn is a valuable interview prep research tool.

Build your network before you need it

You might have a large social network of friends and personal connections on Facebook, Twitter or Instagram.

But if you want to make a professional impact, start growing your LinkedIn network today

Compare yourself: in 2013 the average network size of a LinkedIn member was between 200 and 100 connections, and

fewer than 10 per cent of users have less than 50 connections.

After you make the 500th connection, your LinkedIn profile will simply display the size of your network as "500+," so this is an obvious goal to strive for as an active LinkedIn networker.

Does the size of your LinkedIn contacts list really matter? Many professional networkers say it does.

If you want to take full advantage of the professional opportunities on LinkedIn and get

#QuestionoftheDay

What's your favourite thing about where you work or go to school? Let us know, TalentEgg-ers!

@EvanBirtch

The amazing people I work with, and the work @Desire-2Learn does to transform how the world learns! @D2L_Careers

@husnialudin

Working in an industry where every day is another challenge and another moment of inspiration. Absolutely love #advertising

the maximum return-on-investment for the time you spend using it, you must be proactive about establishing many relevant, valuable connections.

If you're (even partially) convinced that LinkedIn is a good idea for you, here are two things you can do to develop your professional profile:

Action steps

The Non-Selfie: Get A Real Headshot

Ever noticed the profile photos students have on LinkedIn? The most common headshot used is a selfie, a prom photo, or a cap-and-gown graduation shot. By comparison, you'll instantly look more professional if you invest some time and money in getting a great headshot by a professional photographer.

Once you have the perfect photo, increase your recognizability by consistently posting it on your Twitter, your blog, or anywhere you think employers might be looking for you.

What's Your Tagline?

By default, your LinkedIn profile headline will list your most recent job title. So instead of advertising yourself as "XYZ Student at ABC University," swap the generic description for a keyword-rich one that will increase your discoverability by LinkedIn and Google searches.

Think up on keywords to describe your job history or career aspirations. Then use that creative description as your (120-character maximum) profile headline instead.

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CFL

Calvillo retires from football

The Anthony Calvillo era is over.

Pro football's all-time passing leader announced Tuesday he is retiring after a 20-year CFL career that saw him set several records and win three Grey Cups with the Montreal Alouettes.

"Today I would like to announce my retirement from this great game of football," Calvillo said, fighting back tears. "It has been an amazing journey of 20 years, starting in Las Vegas, to my humbling times in Hamilton to the past 16 years here in Montreal."

The Los Angeles native set records for passing yards with 79,816, completions with 5,892, pass attempts with 9,437 and touchdown passes with 455.

THE CANADIAN PRESS

MLB

A-Rod's peers want him out of union

Several angry major league players wanted Alex Rodriguez kicked out of their union after he sued it last week, but staff lawyers told them expulsion was not allowed.

Rodriguez also sued Major League Baseball to overturn an arbitrator's decision suspending him for the 2014 season and post-season.

Details were first reported Tuesday by Yahoo Sports and later confirmed to The Associated Press by a person familiar with the call. The person spoke on condition of anonymity because no statements were authorized.

THE ASSOCIATED PRESS

Williamson in search of lost scoring touch

NBL Canada. London's leading scorer failed to reach double digits in all of the team's 3 road losses in past week



DAVE LANGFORD

First the question: Which came first, the chicken or the

egg?
The London Lightning, as have lost consecutive road games in Windsor, Halifax and St. John in the past seven

And their leading scorer, Garrett Williamson, was among the weak spots with seven points, eight points and seven points, respectively, in 97 minutes in those three games.

Combined, the team and Williamson were running a close race for poorest performance.

No excuses, Williamson said, he's healthy.

"I feel like as a team - obviously we lost three in a row so we're definitely out of sync - I don't know if it's because of me or I'm struggling because of it," Williamson said Tuesday before practice. "So we're trying to figure it out."

Williamson, the fifth-leading scorer in the nine-team National Basketball League of Canada, has seen his scoring average dip below 20 points - to 19.7 actually — while the Lightning as a team are now 18-9 and have slipped into third place.



A win over the Ottawa Skyhawks on Wednesday in a rescheduled game at Budweiser Gardens (7 p.m.) would move them into a virtual tie

for second with the Brampton Williamson, for his part, said he is at a loss to explain his recent lack of scoring.

"I'm trying to figure it out myself. I'm just trying to not get frustrated and just keep working, and hopefully I can get my rhythm back," he said. "As of right now, even us as a team, we're off a bit so we have to figure it out.

Garrett Williamson, who has averaged 19.7 points per game this season, has scored a total of 22 points in the Lightning's last three games.

"This road trip was funky. The Halifax game I was in foul trouble so it kind of limited my minutes. And I just really never got going all weekend."

Lightning head coach Micheal Ray Richardson said there really is little to worry about when it comes to his franchise

"He was playing great at a high level early on. He could be a little fatigued," Richardson said. "It's just part of the midseason where you go through one or two bad games, but I'm not concerned about him.'

But he does have one suggestion for the six-foot-five Williamson.

"I think what he's got to start doing is start working on his pull-up jump shot, instead of getting to the basket," Rich-



metronews.ca Wednesday, January 22, 2014 metr⊕ **SPORTS**



Army of Aussie men pledge their allegiance to Eugenie

Australian Open. Fans will see a lot more of Canadian Bouchard as she moves up the ranks

They've composed chants just for Canadian tennis player Eugenie Bouchard, roared for her until they went hoarse, and toasted her wins by fudging their way through "O Canada."

Meet the "Genie Army" — a dozen boisterous Aussies who, despite boasting zero connection to Canada, have become Bouchard's unofficial cheerleaders at the Australian Open.

Members of the weeks-old squad have jumped, danced and serenaded their way into an unmistakable grandstand presence during the Montreal teen's impressive run at the event, where she has earned a semifinal spot Thursday.

The devotees, mostly men in their 20s, have also fashioned red-and-white T-shirts



that spell out Bouchard's name, flapped banners for her during matches, and lobbed plush animals — each of them native to Australia — to her on the court following each of her victories.

Though they have had little face-to-face interaction with Bouchard, they have certainly commanded her attention in

EASTERN CONFERENCE

NHL

Tamp Mont

Toron

Detro

Ottav

Ruffa

Melbourne.

'The crowd here has been amazing, especially the Genie Army," Bouchard, 19, said Tuesday during an on-court interview after beating Ana Ivanovic.

She then pointed up to her noisy personal cheering sec-

"I've had so much fun.

Thank you guys."

The inspiration behind a brigade dedicated to Bouchard came after a bunch of Australian buddies watched her upset Ivanovic last year at Wimbledon, said one of the Army

In December, as the Australian Open approached, Jacob Wright said the crew decided to become her own booster club, so they started making shirts and penning Bouchard chants.

The Genie Army was born.

"She's just a great tennis player," Wright, 20, told The Canadian Press in a Skype interview from Melbourne.

"Obviously, she's a goodlooking girl as well, and we're young guys, but she is a really good tennis player. It's really, really good fun to watch."

Their movement has had nothing to do with patriotism, either. When asked whether any of them had a connection to Canada, he replied: "None

THE CANADIAN PRESS

Snowboarding

Champ Anderson headlines Sochi Olympic team

Defending Olympic gold medallist Jasey-Jay Anderson and 2010 Olympians Dominique Maltais and Caroline Calve are among 19 athletes added to Canada's Olympic snowboard

Anderson, from Mont-Tremblant, Que., won gold in the men's parallel giant slalom at the 2010 Vancouver Olympics and is a fourtime world champion.

Maltais, from Petite-Riviere-St-Francois, Que., won bronze in snowboard cross at the 2006 Turin Games and silver at the 2013 world championships. She'll be looking to rebound from a disappointing Olympics in 2010, where she failed to qualify for the final.

Calve, from Aylmer, Que., became the first Canadian to win a women's parallel giant slalom world cup event in 2011 at Carezza, Italy. She recently took gold there again in December.

"Going to Sochi is a once-in-a-lifetime opportunity and one that I am honoured to have been chosen for," Calve said.

THE CANADIAN PRESS

Bobsledding. Ex-CFLer Lumsden brings intensity, power to deep Sochi squad

The intensity is mesmerizing when Canada's Jesse Lumsden steps behind the sled at the top of the bobsled course.

He takes a few deep breaths, grinds his teeth, and will maybe let out a yell. His darting eyes scan the icy track below and he might slap the side of the sled.

There's no real same sort of steps that I go through. I remind myself of a couple things that are going to help me push the sled and give 'er," Lumsden

With pilot Chris Spring by his side, Lumsden uses every bit of power from his chiselled frame to explode out of the start. The former CFL star compares the feeling to a specialteams play in football.

Lumsden joined the Hamilton Tiger-Cats in 2005. He spent four years with the Ticats before heading west, closing out his football career with injuryplagued seasons in Edmonton and Calgary.

Lumsden attended a bobsled push camp in February 2009, and treated it as a training opportunity that might help him on the field.

He qualified for the 2010 Olympic team in the two-man and four-man sleds, finishing



very exhilarating to compete in the sport and something very different that I'm not really used to," he said.

He decided to focus solely on bobsled in 2011 and his return to the Winter Games has

Lumsden won silver at the world championship in 2012 and took the World Cup title last season with Lyndon Rush of Humboldt, Sask. Now 31, he is primed for Olympic success in the two-man and four-man sleds on the deep Canadian team. THE CANADIAN PRESS

Pittshurah Carolina NY Islanders Tuesday's results

fifth in both events.

"I knew it was going to be

been top of mind ever since.

WESTERN CONFERENCE

ANTIC DIVISION								CENI	CENTRAL DIVISION								
	GP	W	L	0L	GF	GΑ	Pt			GP	W	L	0L	GF	GΑ	Pt	
on	49	31	15	3	141	109	65	Chicag	0	51	32	8	11	184	139	75	
pa Bay	50	29	16	5	146	123	63	St. Lou	ıis	48	33	10	5	170	108	71	
treal	49	27	17	5	126	120	59	Colorac	do	48	31	12	5	142	122	67	
nto	51	26	20	5	145	154	57	Minnes	sota	51	27	19	5	125	125	59	
oit	49	21	18	10	122	134	52	Nashvi							152		
wa	49	21	19	9	139	155	51	Dallas		49	21	20	8	137	152	50	
da	49	19	23	7	116	148	45	Winnip	oeg	50	22	23	5	141	150	49	
alo	47	13	27	7	86	133	33	PACIF	PACIFIC DIVISION								

METROPOLITAN DIVISION **GP W L OL GF GA Pt** 49 34 13 2 157 120 70 51 27 21 3 128 128 57 San Jose Vancouver

50 25 19 6 137 144 56 48 24 20 4 138 135 52 Philadelphia Washington 49 22 19 8 142 150 52 50 20 19 11 115 123 51 New Jersev 48 20 19 9 117 137 49

Carolina at Philadelphia, ppd. Los Angeles at Columbus St. Louis at New Jersey Ottawa at Washington Florida at Buffalo NY Islanders at NY Rangers Minnesota at Dallas Toronto at Colorado Vancouver at Edmonton

Winnipeg at Anaheim

Wednesday's games

Monday's results Toronto 4 Phoenix 2 St. Louis 4 Detroit 1 San Jose 3 Calgary 2 NY Islanders 4 Philadelphia 3 (SO) Florida 5 Pittsburgh 1 Nashville 4 Dallas 1 Boston 3 Los Angeles 2

All times Eastern Carolina at Philadelphia, 6 p.m. Montreal at Pittsburgh, 7 p.m. Chicago at Detroit, 8 p.m. Phoenix at Calgary, 9:30 p.m.

Thursday's games St. Louis at NY Rangers, 7 p.m. Carolina at Buffalo, 7 p.m Philadelphia at Columbus, 7 p.m.

CENTRAL DIVISION												
	GP	W	L	0L	GF	GΑ	Pt					
Chicago	51	32	8	11	184	139	75					
St. Louis	48	33	10	5	170	108	71					
Colorado	48	31	12	5	142	122	67					
Minnesota	51	27	19	5	125	125	59					
Nashville	51	22	22	7	125	152	51					
Dallas	49	21	20	8	137	152	50					
Winnipeg	50	22	23	5	141	150	49					
PACIFIC DIV	ISION	1										

GP W L OL GF GA Pt 51 37 9 5 175 126 79 50 32 12 6 161 123 70 50 29 15 6 128 103 64 50 25 16 9 127 127 59 49 23 17 9 141 149 55 Calgary 50 16 27 7 111 159 39 **Note:** 2 points for a win, 1 point for

Ottawa at Tampa Bay, 7:30 p.m.

Pittsburgh at NY Islanders, 7:30 p.m. Toronto at Dallas, 8 p.m. Chicago at Minnesota, 8 p.m. Nashville at Vancouver, 10 p.m. Los Angeles at Anaheim, 10 p.m. Winnipeg at San Jose, 10:30 p.m.

SCORING LEADERS

	G	A	Pt
Crosby, Pgh	25	43	68
Tavares, NYI	23	36	59
Getzlaf, Ana	25	33	58
Kane, Chi	23	33	56
Perry, Ana	27	28	55
Thornton, SJ	6	47	53
Pavelski, SJ	27	23	50
St. Louis, TBL	25	25	50
Sharp, Chi	25	25	50
Kessel, Tor	24	26	50
Ovechkin, Wash	35	14	49
Kunitz, Pgh	24	25	49
Tuesday's games not in	cluded		

NFL PLAYOFFS

SUPER BOWL XLVIII

Sunday, Feb. 2 — At East Rutherford, N.J. Denver vs. Seattle, 6:30 p.m.

NBA **EASTERN CONFERENCE**

LASTERIA COM L	VF1	100		
	W	L	Pct	GB
d-Indiana	33	7	.825	_
d-Miami	29	12	.707	41/2
Atlanta	21	19	.525	12
d-Toronto	20	20	.500	13
Washington	20	20	.500	13
Chicago	20	20	.500	13
Brooklyn	17	22	.436	151/2
Charlotte	18	25	.419	161/2
Detroit	17	24	.415	161/2
Cleveland	15	26	.366	181/2
New York	15	26	.366	181/2
Boston	14	28	.333	20
Philadelphia	13	28	.317	201/2
Orlando	11	30	.268	221/2
Milwaukee	7	33	.175	26

WESTERN CONFERENCE

	W	L	Pct	GB
d-San Antonio	32	9	.780	_
d-Portland	31	10	.756	1
Oklahoma City	31	10	.756	1
d-L.A. Clippers	29	14	.674	4
Houston	28	15	.651	5
Golden State	26	17	.605	7
Dallas	25	18	.581	8
Phoenix	23	17	.575	81/2
Denver	20	20	.500 1	11/2
Memphis	20	20	.500 1	11/2
Minnesota	19	21	.475 1	21/2
New Orleans	16	24	.400 1	51/2
L.A. Lakers	16	26	.381 1	61/2
Sacramento	14	25	.359	17
Utah	14	28	.333 1	81/2
x - clinched playoff berth; y -	divi	sion; z	- confer	ence.

Tuesday's results Orlando at Brooklyn

Boston at Miami Sacramento at New Orleans Portland at Oklahoma City Minnesota at Utah

Wednesday's games

Dallas at Toronto, 7 p.m. L.A. Clippers at Charlotte, 7 p.m. Boston at Washington, 7 p.m. Chicago at Cleveland, 7 p.m. Atlanta at Orlando, 7 n m Philadelphia at New York, 7:30 p.m. Sacramento at Houston, 8 p.m. Oklahoma City at San Antonio, 8 p.m. Detroit at Milwaukee, 8 p.m. Indiana at Phoenix, 10:30 p.m.

Fight for good value in the Patriot





Hyundai Tucson **1** Base price: \$23,400



Pord Escape
Base price: \$23,100

Review. Is the lowestpriced Jeep "Jeep-y" enough? It will do just fine for most

MALCOLM GUNN

It's hard to believe, but some Jeep fans are unhappy that Chrysler has applied the Cherokee label to a much sleeker

2014 version that in no way resembles the previous decadesold design. For these folks, the one-word response is "Patriot". Of course the Patriot, which

is based on the now retired Dodge Caliber, lacks the rugged chops of the old Cherokee. However it closely resembles that boxy model and, unless you're planning some serious off-road running, it's actually better in most ways.

Funny thing about nostalgia: it often tends to obscure reality. Truth be told, the preceding American Motorscreated Cherokee XJ wasn't all that comfortable and its four and six-cylinder engines were rough running and thirsty.

In fairness, the XJ did offer a bit more ground clearance and cargo space. But for most applications, including occasional off-road forays, the Patriot is up for the challenge. For anything more than that, Jeep's rugged Wranglers are likely your best choice. Keeping this Jeep on the move is a choice of four-cylinder engines that have been around since the Patriot first arrived for the 2007 model year. The base 2.0-litre makes 158 horsepower and 141 pound-feet of torque, while the optional 2.4-litre four-cylinder is rated at 172 horsepower and 165 pound-feet of torque. A fivespeed manual transmission can be had in the front-wheel-drive 2.0 models and front and fourwheel-drive 2.4 Patriots. The 2.0 cannot be ordered with 4x4.

A six-speed automatic transmission (supplied by Hyundai) with manual shift controls is now optional for both engines, replacing the previous continuously variable unit (CVT). That might seem like an about-face from the current trend, but the new automatic makes for a quieter, more predictable experience. The base four-wheeldrive system for the 2.4 is Free-

- Type. Four-door, front- or fourwheel-drive compact tall wagon
- Engines (hp) 2.0-litre DOHC 14 (158); 2.4-litre DOHC I4 (172)
- Transmissions. Five-speed manual; six-speed automatic (opt.); CVT (opt.)
- Base price (incl. destination).

Interior

If the Patriot resembles the old Cherokee on the outside, it looks nothing like it on the inside. An updating for 2009 included a more attractive (and less plasticky) dashboard and door panels, as well as upgraded upholstery.

Fuel economy

Fuel consumption rings in at 8.9 l/100 km in the city and 6.6 highway for base 2.0 models with the stick shift and 9.7/7.0 with the automatic. The least efficient models have Freedom Drive II and chime in at

dom Drive I. In ideal-traction conditions 100 per cent of the engine torque remains with the front wheels, but when tire slip is detected, power is automatically sent to the rears. The system also has a centre coupling that, once engaged, maintains a 50:50 torque split.

For actual trail-rated offroading needs, the 2.4 can be ordered with the Freedom Drive II off-road package that has a 19:1 low-range "crawl" ratio for clambering over rocks and other obstacles. The system also includes hill-descent control that maintains a set speed during steep descents while brake

lock differentials control sideto-side wheel rotation on both axles so that all wheels constantly turn at the same speed. The old CVT is mandatory with Freedom Drive II, although Jeep says it's made improvements to operation and drivability.

The base Sport trim level with the 2.0-litre engine is priced at \$19,700, including destination charges, but is little more than a basic box on wheels. You even have to crank your own windows. The Patriot North, which comes with either 2.0 or the 2.4, adds power windows plus air conditioning and many other niceties.

Along with the 2.4-litre engine as standard, the topend Limited (available in front four-wheel-drive) with climate control, leathertrimmed seats, and an upgraded audio system.

Several available groupings include a power sunroof, roof rack, all-terrain tires and drop-down liftgate speakers for tailgate partying. Despite best intentions, it's unlikely that Jeep die-hards will be moved to consider the Patriot as the ideal replacement for their long-gone Cherokee. For everyone else, this humble Jeep is still worthy of consideration.







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See today's answers at metronews.ca/answers.

BY KELLY ANN BUCHANAN

Horoscopes

T Aries March 21 - April 20

You may not agree with what you hear today but let others have their say. Free speech is worth fighting for. If someone shouts down opposing opinions, make it your business to defend their right to be different.

Taurus April 21 - May 21

If there is something you have been trying to do but every time you get started you are forced to stop, it could be a sign that you should be doing something else.

∐ Gemini May 22 - June 21

Certain people may be feeling down but they have no right to bring you down with them, so go where there is music playing and people dancing and not a sad face to be seen.

9 Cancer

June 22 - July 23 Someone older and wiser will give you advice today, and if you are smart, you will listen and learn. Don't forget there are more important things in life than material success, like doing the right thing.

Ω Leo July 24 - Aug. 23

Someone's negative attitudes are getting you down more than you care to admit. If you have been thinking of bringing a partnership to an end, now is the time to be decisive. Don't feel sorry for them.

W Virgo Aug. 24 - Sept. 23

You'll get more done over the next 24 hours than you got done in the past 24 days. But don't think that means you have to work harder. Achieve more by doing less.

△ Libra Sept. 24 - Oct. 23

First appearances can be deceptive, so don't be put off if someone you meet seems too serious for your tastes. The planets suggest you will be working together. Do what you can to put them at ease.

M Scorpio

Oct. 24 - Nov. 22

You may be reserved but every now and again you go right the other way and say things that shock. This is one of those days. You've had enough of criticisms. It's time to hit back.

Sagittarius Nov. 23 - Dec. 21

Let others know what they are doing is wrong and what they must do to put it right. Don't allow yourself to worry that you might bruise their egos. Honesty is the best policy.

り Capricorn

Dec. 22 - Jan. 20

You are trying hard to deny your feelings for someone because you fear it might damage your reputation. Maybe it will, but is that really a good enough excuse to turn your back on affection?

Aquarius Jan. 21 - Feb. 19

Although this is your time of year what happens today may take the gloss off things a bit. In a way that's good because you need days like this to remind you that all those other days must not be taken for granted.

) (Pisces

Feb. 20 - March 20

Don't worry if the party spirit seems to have passed you by because it is the inner spirit that matters. The planets indicate the deeper you think about your life's meaning, the more you will enjoy it. SALLY BROMPTON

Crossword: Canada Across and Down

1. "____ case..." always the 6. Pouch 9. Rhyme scheme

16. Toronto restaurant, The Old

video games

haunts in this 1940 Hitchcock thriller 21. Pre-A.D. time 22. Q. "Is

"Yes." 23. Comedy's Mr.

24. Escaped

Cleveland"

30. Mr. Carney

33. Greyish-brown

36. "The Towering

40. Beatles: Chairman

in "Revolution"

42. Record

44. "The Simpsons"

16

13. Canadian basketball star: 2 wds. 15. Elongated circles

Factory 17. Ms. Croft's of

18. At the age of, in Latin [abbr.] 19. The first Mrs. de Winter's memory

goes after 'G'?" A.

Smirnoff

25. Jane of "Hot in

29. #13-Across' team, on scoreboards

31. Tear paper: 2 wds.

35. Canonized Mlle.

" (1974) 38. Gave off

41. Hockey's Bobby

43. Stray

Yesterday's Crossword

22 38 40 42

43 49 beams 32. Cute cetaceans 34. Fun evening? 36. "My opinion was no joke.": 3 wds. 37. Manitoba: Snake Dens 39. "The Commandments" (1956) 45. Wild 47. Jackie who was the 'kid' in Charlie Chaplin movie "The Kid" (1921) 48. Mr. Mosca, hon-

oured member of the

Canadian Football

2005 album 'Guero'

28. From-the-sky

Hall of Fame 50. Ms. Watier 51. Anglo-

55. "Vamoose!" 56. Comic strip, Wizard

59. Regret 61. King: French

storekeeper

46. Toronto college; or, Roman statesman

49. Expert

50. Film critic Jeffrey 52. Lithium-__ battery 53. Ms. Kidman, to

pals 54. "Are things all set?": 4 wds.

57. Soak, in dialect

58. Sovereign sorts 60. Purple __, Nunavut's official flower 62. Matter 63. "So __" by Whit-

ney Houston 64. Hull 'head'

65. Red Chamber fig. harm (Hurt-

Down

1. Bombard (Florida re-2. __. (Florida resort city, commonly) 3. Environment Canada daily info: 2 wds. 4. Dow Jones Ind. gut!" (Very good, in German)

6. Didn't help: 2 wds. 7. "It's ___!" (Seller's pitch)

8. NB's provincial bird, Black-capped 9. Flame of Frank's 10. Celebrity who

dated Pierre Trudeau:

2 wds. 11. Menu option: 3 wds.

12. Gave the green light 14. Born, in Boucher-

ville 15. King of Norway [var. sp.] 20. Newspaper

features 26. Try

27. Tune on Beck's

How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

Yesterday's Sudoku

3	7	2	6	4	1	8	5	9
1	4	8		5		7	6	2
5	9	6	2	8	7	3	1	4
9	8	1	3	7	6	4	2	5
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6	3	7	5	2	4	1	9	8
8	2	3	4	1	5.	9.	7	6
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4	6	9	7	3	2	5	8	1

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